



HÔTEL DES TROIS COURONNES & DESTINATION SPA



A Swiss tradition meets Indian wisdom.

The Hôtel des Trois Couronnes & Spa is delighted to welcome Indian Master **Anand M. Kambli**, heir to the ancestral vibrational therapy Samvahan, passed on by his master, Dr. Ram Bhosle – therapist to Gandhi, Yehudi Menuhin, and H.R.H. Queen Elizabeth.

His method is based on the four pillars of health – physical, mental, emotional, and spiritual – according to the Vedic principle: “The entire universe is vibration.” It aims to restore balance, vitality, and inner peace.

The treatment begins with a comprehensive health analysis, based on the four pillars of well-being. This assessment offers a holistic view of body and mind, identifying blockages as well as zones of vitality.

Next comes a purification phase with herbal formulas and therapeutic oils, designed to release stagnation and soothe the nervous system.

At the heart of the experience lies the Samvahan therapy, an ancestral vibrational technique applied to the whole body, especially the back, to restore energy, relieve tension and pinched nerves, and awaken natural vitality.

A contact-free treatment is also possible: fully clothed, dry, or without touch.
Duration: 2 hours – CHF 750.-

Appointments available on request at +41 21 923 33 20 (9am–6pm)
or by email at puressens@hoteltroiscouronnes.ch